

## Comparison between Previous Health Standards and Current Health Standards

### Content Goals

Previous Health Standards							
Content Standard 1.0 Core Concepts	Content Standard 4.0 Analyze Influence	Content Standard 2.0 Accessing Information	Content Standard 5.0 Interpersonal Communication	Content Standard 6.0 Decision Making & Goal Setting		Content Standard 3.0 Self Management	Content Standard 7.0 Advocacy
Personal Health and Fitness, Growth and Development, Nutrition, Substance use and abuse, Injury/Violence Prevention & Safety, Disease Prevention, Community/Consumer Health	Personal Health and Fitness, Disease Prevention, Community/Consumer Health	Disease Prevention, Community/Consumer Health	Personal Health and Fitness, Injury, Violence Prevention & Safety	Personal Health and fitness, Disease Prevention, Community/Consumer Health		Personal health and fitness, Substance use and abuse, Injury, Violence Prevention & Safety, Disease Prevention, Community/Consumer Health	Community/Consumer Health
Current Health Standards							
Content Standard 1.0 Core Concepts	Content Standard 2.0 Analyze Influence	Content Standard 3.0 Accessing Information	Content Standard 4.0 Interpersonal Communication	Content Standard 5.0 Decision Making	Content Standard 6.0 Goal Setting	Standard Content 7.0 Self Management	Content Standard 8.0 Advocacy
Personal Health, Growth and Development, Nutrition and Physical Activity, Substance Use and Abuse, Injury/Violence Prevention and Safety, Prevention/Control of Disease, Environmental/Consumer Health	Nutrition and Physical Activity, Personal Health, Disease Prevention, Environmental/Consumer Health, Substance Use and Abuse	Disease Prevention, Environmental/Consumer Health	Personal Health, Substance Use and Abuse, Growth and Development, Injury, Violence Prevention, and Safety	Personal Health, Disease Prevention, Substance Use and Abuse, Environmental/Consumer Health	Personal Health, Disease Prevention, Environmental/Consumer Health	Personal Health, Substance Use and Abuse, Injury, Violence Prevention and Safety, Disease Prevention, Nutrition and Physical Activity	Personal Health, Environmental/Consumer Health

### Strands

Comparison of topics covered in both Current and Revised Health Standards

Current Health Standards	Revised Health Standards
Personal health & fitness	Personal Health
Growth and Development	Growth and Development
Nutrition	Nutrition and Physical Activity
Substance Use and Abuse	Substance Use and Abuse
Injury/Violence Prevention and Safety	Injury/Violence Prevention and Safety
Disease Prevention	Prevention/Control of Disease
Community/Consumer Health	Environmental/Consumer Health
Environmental Health	

\*The alignment is based on the National Health Standards.