Secondary Academic 7-12
Endorsement in Physical Education
NAC 391.13048

To receive an endorsement to teach secondary (7-12) physical education, a person must:

1. Complete the following required testing (or equivalent testing administered in another state):
   - Praxis Core Academic Skills for Educators
   - Praxis Content Area Test
   Please visit the Praxis testing website for further testing information.

2. Meet the Secondary Academic requirements

3. For the comprehensive major:
   Thirty-six (36) semester credits required for a major in physical education must include course work in each of the following areas:
   
   A. Anatomical kinesiology or mechanical kinesiology, or both
   B. The physiology of exercise
   C. Testing and measurement of skills and ability in physical education
   D. The psychological or social aspects of physical education
   E. Methods and techniques of teaching sports for teams
   F. Adapted physical education
   G. Methods and techniques of teaching physical fitness
   H. Methods and techniques of teaching rhythm and dance
   I. Motor learning
   J. Methods and techniques of teaching individual sports and sports that can be participated in at any stage of life
   K. Methods of teaching secondary physical education
   L. Advanced first aid or an equivalent course of study

4. For the comprehensive minor:
   Twenty-four (24) semester credits required for a minor in physical education must include course work in each of the following areas:
   
   A. Anatomical kinesiology or mechanical kinesiology, or both
   B. The physiology of exercise
   C. Methods and techniques of teaching physical fitness
   D. Methods and techniques of teaching individual sports and sports that can be participated in at any stage of life
   E. Methods and techniques of teaching sports for teams
   F. Motor learning

Note: A one (1) semester credit hour activity course in dance, weight training or a sport such as basketball, baseball, track or tennis is not acceptable in meeting the requirements for a comprehensive minor in physical education.